

Date	Walk	Meeting Place	Grade Rating
Monday 24th Oct.	Bridgwater Canal to Huntworth	Park far end Morrisons (near Canal) OS ST299365	1
Tuesday 25th Oct.	Charterhouse	Charterhouse Car Park 300m past Charterhouse Centre OS ST505557	3
Monday 31st Oct.	Chedzoy Circular	Park near Church OS ST341376	1
Tuesday 1st Nov.	West Bagborough	Park near Church OS ST169336	* 5+ *
Monday 7th Nov.	Cheddar Strawberry Line	Park along road by Leisure Centre OS ST450539	1
Tuesday 8th Nov.	Catcott	Crown Inn Catcott OS ST397397	2
Monday 14th Nov	Bridgwater Bay Nature Reserve	Nature Reserve Car Park before Dowell Farm OS ST275459	1
Tuesday 15th Nov.	Enmore	Enmore Church OS ST240352	3
Monday 21st Nov	Apex Park	Apex Car Park Burnham-on-Sea OS ST310480	1
Tuesday 22nd Nov.	Wedmore	Wedmore Car Park OS ST437478	3
Monday 28th Nov.	Westhay Nature Reserve	Car Park off Wedmore to Westhay road along Drove signposted. OS ST457437	1
Tuesday 29th Nov.	Holford Glen	Hodders Combe Village Green Car Park OS ST154411	4
Monday 5th December	Axbridge Town Trail	Axbridge Car Park OS ST431545	1
Tuesday 2nd Dec.	Stawell	Village Hall Car Park OS ST365384	3
Monday 12th Dec	Bleak Bridge	West Huntspill Bleak Bridge Car Park off A38 OS ST307449	1
Tuesday 13th Dec.	Nether Stowey	Car Park by Library OS ST190397	3
Monday 19th Dec.	Great Wood Ramscombe	Car Park OS ST173374 (South on A39. Left to Aley. Signed. Pass camp)	1
Tuesday 20th Dec.	Cannington	Park left of bridge by Friendly Spirit OS ST258394	3

Walks 1 = Very Easy Flat
 2 = Easy Mainly Flat
 New Grade 3 = Moderate Small inclines
 Rating 4 = Slight Challenge Steep inclines
 5 = Challenging Very steep inclines

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Sedgemoor
 IN SOMERSET



Sedgemoor Health Walks walk 4 life			
Date	Walk	Meeting Place	Grade Rating
Monday 2nd May	Westonzoyland Battlefield	Battlefield Car Park OS ST354354	1
Tuesday 3rd May	Wedmore	Wedmore Car Park OS ST437478	3
Friday 6th May	Kings Cliff	Kings Cliff Car Park OS ST278326	3
Monday 9th May	Kings Cliff Woods	On road to Clavelshey from N. Petherton Park in Lay-by on right. OS ST271320	1
Tuesday 10th May	Hawkridge Reservoir	Park in lay-by on Lawyers Hill OS ST206360	3
Friday 13th May	Draycott	Park outside the Strawberry Special Inn off Station Road OS ST475506	4
Monday 16th May	Chilton Trinity	Past Saltlands Recycling Bridgwater OS ST302383	1
Tuesday 17th May	Burrington Combe	Public Car Park by Burrington Inn OS ST476588	5
Friday 20th May	Cannington	Park left of bridge by Friendly Spirit OS ST258394	3
Monday 23rd May	Ramscombe	Car Park at Dead Womans Ditch Quantock top OS ST161382	1
Tuesday 24th May	Shapwick Heath Led by Natural England	Avalon Marshes Centre Car Park OS ST 425415	1
Friday 27th May	Uphill	Uphill Boat Yard OS ST315585	4
Monday 30th May	Cannington Golf Course	Golf Club Car Park OS ST258399 signed at top Rodway Hill	1
Tuesday 31st May	West Lyng	Lay-by on New Bridge (road from West Lyng to North Curry) OS ST316268	4
Friday 3rd June	Cothelstone Hill	Cotherstone Hill Car Park. (on left, half way up the hill) OS ST201328	4
Monday 6th June	Catcott Nature Reserve	Reserve Car Park off Burtle Road OS ST400415	1
Tuesday 7th June	Brent Knoll & Ralphs Wood	Brent Knoll Village Car Park OS ST336504	4
Friday 10th June	Brean Down	Bird Garden Car Park (charges may apply) OS ST297586	4
Monday 13th June	Winscombe Strawberry Line	Park near bridge or Woodborough Pub OS ST419577	1
Tuesday 14th June	Ramscombe Forest	Greatwood Car Park OS ST173374	3

Just meet at designated meeting place for a 10:00am departure. Sorry No Dogs Allowed.

Friday walks 01278 427919

Tuesday walks 01278 793453

Monday walks 01278 652942

Contact telephone numbers

Date	Walk	Meeting Place	Grade Rating
Friday 17th June	Broomfield	Fyne Court Car Park OS ST223321	4
Monday 20th June	Chilton Polden	Far end of White Hart Car Park OS ST379397	1
Tuesday 21st June	Bridgwater Bay NNR	National Trust Car park (before Dowells Farm) OS ST275459	2
Friday 24th June	Cheddar	Riverside Inn on Cliff St. Car parks nearby charges apply. OS ST461536	* 5+ *
Monday 27th June	Mear & Fish House	Playing Field Car Park in Muddy Lane OS ST455416	1
Tuesday 28th June	Pawlett Levels	Pawlett Pavillion (signposted) OS ST295428	3
Friday 1st July	West Lyng	Lay-by on New Bridge (road from West Lyng to North Curry) OS ST316268	4
Monday 4th July	Crowcombe & Triscombe	Crowcombe Gate Car Park Quantock top OS ST150378	1
Tuesday 5th July	Black Rock NNR	Roadside parking by Reserve entrance OS ST482545	4
Friday 8th July	Mark Bridleways	White Horse Car Park in Mark OS ST376479	3
Monday 11th July	Maunsel Lock	Follow signs from North Newton OS ST307298	1
Tuesday 12th July	Crowcombe Park	Park on right before cattle grid. (Past Dead Womans Ditch) OS ST149378	4
Friday 15th July	Burrow Mump	National Trust Car Park at Burrowbridge OS ST361305	4
Monday 18th July	Kilve	Car Park near Kilve Beach OS ST144442	1
Tuesday 19th July	Glastonbury	Somerset Rural Life Museum Car Park Bere Lane OS ST503385	5
Friday 22nd July	Shapwick Heath Led by Natural England	Avalon Marshes Centre Car Park OS ST 425415	1
Monday 25th July	Puriton	Park near Church OS ST299427	1
Tuesday 26th July	Dead Womans Ditch	Car Park OS ST162382	3
Monday 1st August	Combwich	Park on roadside opposite Anchor Inn OS ST260424	1
Tuesday 2nd August	Blackford to Ashton Windmill	Blackford Church OS ST408477 roadside parking	3
Monday 8th August	Charterhouse	Park at Velvet Bottom OS ST503554	1

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Date	Walk	Meeting Place	Grade Rating
Tuesday 9th August	Lydeard Hill	Car Park OS ST180339	4
Monday 15th August	Meare & Oxenpill	Playing Field Car Park in Muddy Lane OS ST455416	1
Tuesday 16th August	Spaxton	Spaxton Village Hall OS ST225367	3
Monday 22d August	Bawdrip	Park in Church Area OS ST341395	1
Tuesday 23d August	Wind Down Forest	Park by Entrance OS ST221344	4
Monday 29th August	Pawlett Levels	Pawlett Pavillion (signposted) OS ST295428	1
Tuesday 30th August	Crooks Peak	Kingswood Car Park off A38 OS ST421559	4
Monday 5th September	Brean Down	Bird Garden Car Park (charges may apply) OS ST297586	1
Tuesday 6th September	Creech St. Michael (5 miles)	Park in Vicarage Lane beside Canal OS ST274253	3
Monday 12th September	Huntworth	Canalside Car Park by Boat & Anchor OS ST313350	1
Tuesday 13th September	Fyne Court (5 miles)	Fyne Court Car Park OS ST223321	3
Monday 19th September	Cannington & Charlynch	Park at Blackmore Farm Shop OS ST245387	1
Tuesday 20th September	West Monkton	Meet at Church parking limited to roadside OS ST262284	3
Monday 26th September	Bridgwater Canal towards Durleigh	Park far end Morrisons (near canal) OS ST299365	1
Tuesday 27th September	Churchill Dolebury Warren	Crown Inn Car Park Churchill OS ST445596	4
Monday 3rd October	Berrow Nature Reserve	Nature Reserve Car Park Coast Road OS ST294535	1
Tuesday 4th October	Lydeard Hill	Car Park OS ST180339	4
Monday 10th October	Shapwick Nature Reserve	Craft Centre Car Park OS ST427416	1
Tuesday 11th October	Uphill Church & Nature Reserve	Uphill Boat Yard OS ST315585	4
Monday 17th October	Wembdon	Wembdon Church Car Park OS ST289379	1
Tuesday 18th October	Lilstock Harbour & Two Churches	Lilstock Car Park OS ST172453 (NB length 4.5 miles)	3

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